## Cardinal Health™ Localized Temperature Therapy

## Instant cold packs



## Activation in three easy steps



**Squeeze** the side arrows to activate. If pack does not activate, rotate to squeeze top and bottom arrows.



**Shake** the pack well to mix contents.



**Apply** cold pack to desired area for 20 minutes. Remove pack and leave uncovered for 60 minutes.

## Dispose into trash after single use.

**For single use only.** Applies to Cardinal Health<sup>™</sup> Cold Pack Catalog Numbers: 102, 103B, 11440-012B, 11440-512B, 11440-900, 11445-020B, 20104, 20204; NOVAPLUS<sup>®</sup> Catalog Numbers V11440-512, V11440-012, and V11440-900; and Government Catalog Numbers 102GVT, 103BGVT, and 11440-900GVT.

Contents: Calcium ammonium nitrate and water.

**Caution:** Do not puncture or strike pack in any manner. Do not use if punctured, torn or leaking. For external use only. Individuals with circulatory problems should use only at the direction of a physician. Do not apply to broken skin. Do not use on infants.

**Warning:** If accidentally swallowed, consult a physician or poison control center immediately. If contents inside pack come into contact with skin, wash area with mild soap and water to avoid irritation. If contents inside pack come into contact with eyes, flush thoroughly with water and consult a physician. Activate away from the user's face and others.

**Storage and Handling:** Do not use knife to open packaging. Store at room temperature. Do not refrigerate or freeze prior to use, as frostbite to the skin may occur. Not intended for heat use. Keep away from extreme temperature conditions.

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