How To...

Obtain a Throat Swab Specimen*

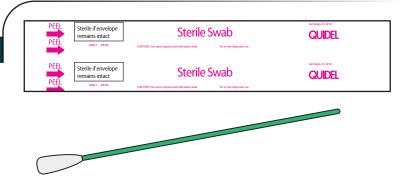
QUICKVUE

PREPARING THE PATIENT

- Choose a well-lit room.
- Stand directly in front of the patient.
- Place the patient in a comfortable sitting position facing a light source.
- Avoid touching the swab tip to any surface other than the tonsil area.

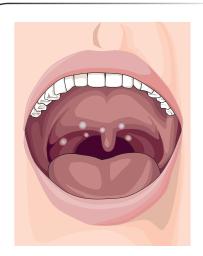
REMOVE THE SWAB

Remove the sterile swab from the protective packaging. Hold the swab firmly by the handle. DO NOT place the swab on any surface once it is removed from the protective packaging.



PATIENT INSTRUCTIONS

- Instruct patient to open mouth as wide as possible.
- Instruct patient to say "ahh." The tonsil area may be reddened, swollen, or have white patches.



See reverse side for: Obtaining the Specimen

How To...

Obtain a Throat Swab Specimen (continued)

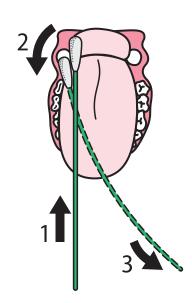
OBTAINING A SPECIMEN

- Direct the tip toward the tonsil area.
- DO NOT touch the swab tip to any other area of the mouth, including the tongue.

Collect throat swab samples by standard clinical methods. Depress the tongue with a tongue blade or spoon. Be careful not to touch the tongue, sides or top of the mouth with the swab. Rub the swab on the back of the throat, on the tonsils, and in any other area where there is redness, inflammation or pus.

OBTAINING A SPECIMEN (con't.)

- Touch the swab tip to the tonsil area.
- Rub the swab tip quickly and firmly over this area to obtain a good sample.
- Remove swab from mouth (without touching any surface).
- A gag reflex reaction is very common when a good sample is obtained.
- It is recommended that the swab specimen be processed as soon as possible after collection.



Source: *Henretig F.M., MD, King C., MD. Textbook of Pediatric Emergency Procedures, Chapter 123: Obtaining Biologic Specimens. Williams and Williams (April 1997).

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