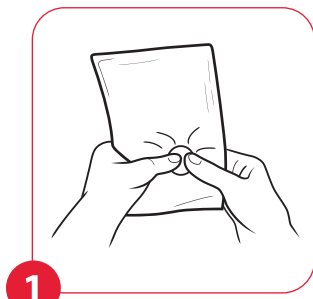


# Infant heel warmer: disc activation

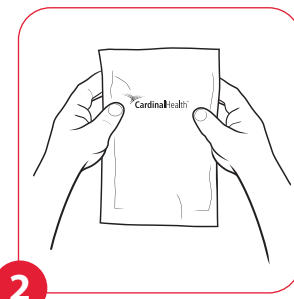
Instructions For Use



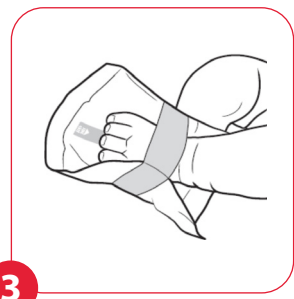
## Activation in three easy steps



**1** Bend metal disc back and forth until activated.



**2** Knead pack to activate throughout.



**3** Secure around heel with adhesive tab.

Hold the warmer on the heel for 1 to 3 minutes, checking every 30 seconds, until the blood vessels dilate.

### Dispose into trash after single use.

**For single use only.** Applies to Cardinal Health™ Disc Infant Heel Warmer Catalog Number 11460-010DISC.

**Contents:** Food grade sodium acetate and water. All contents are non-toxic.

**Contraindications:** Do not use this Infant Heel Warmer on injured skin. Use with extra care on a premature infant.

**Caution:** For external use only. Do not puncture or strike pack. Reaches a temperature of 104°F (from 75°F starting temperature). Do not microwave. Do not heat externally. Do not use in conjunction with any other heat source. Do not reuse a device; it's intended for one-time use only. Using a reheated device could cause a burn. If contents come in contact with the eyes, flush them thoroughly with water and immediately notify the healthcare provider. If heel warmer contents leak and come in contact with the skin, wash immediately with mild soap and water. Change affected clothing and bedding. Activate away from face and infant.

**Storage and Handling:** Do not use knife to open. Store at room temperature. Do not pre-heat, reuse by re-heating, or freeze.

